July 2017



RISH CHURCH BEACON

Church and community magazine



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Contact who's who



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Please feel free to contact us about services and events or the Rectory Office where enquiries about baptisms, weddings and funerals can be made.

Find us online:

Web www.fakenhamparishchurch.org.uk



Fakenham Parish Church

@fakenhampchurch

Last copy date for the August 2017 Beacon is July 5th. Ready for deliverers on Saturday 22nd July.

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"Going away"

We've just been away for a long weekend to our great-niece's wedding. We went on the Thursday, picked up my wife's sister in Swaffham, and travelled on to Aspley Guise in Bedfordshire to spend the night with my wife's youngest sister and her husband. On the Friday, we then all travelled together in their much larger car to Swindon to stay for two nights in a hotel in readiness for an early wedding on the Saturday morning. Sunday morning after breakfast, we then started on the journey home again staying another night in Bedfordshire before venturing back to Norfolk. Why have I told you all this? The reason is we had been planning this venture for months. What were we going to do with the dog for 4 nights? What clothes were we going to take? Was the weather going to be warm or cold, fine or rainy? We had to pack all the wedding outfits so that they didn't get creased - then there was the casual wear for Bedford and travelling, the more smart casual wear for the hotel - it was a nightmare! Our car is quite small, so would we get all this extra baggage into it along with all of my sister in laws cases etc. You'll be pleased to know that our daughter volunteered to have the dog, but when we went to collect her, she was so settled in her new abode, she was very reluctant to come back to her more sedate life in the Foreman household. But that's another story! I've just been reading the chapter in St John's Gospel where Jesus was preparing for His own "going away", when He was praying for Himself, His disciples and us. I find that remarkable, that over 2,000 years ago Jesus was praying for you and me. Not only is it remarkable, but it's also amazing that Jesus would



find time to think of others as well as Himself, and that His disciples would be well cared for after His Death, Resurrection and Ascension. This is the wonderful God that we as Christians have the opportunity to follow day by day. The joy of this knowledge is that He hasn't left us bereft, because we all have the opportunity of experiencing the power of the Holy Spirit in our lives to help and direct us in all situations, good or bad.

Yours in His peace and love, Patrick Canon Patrick Foreman (retired)

Fakenham Parish Church Registers

Funerals

7 th June Sylvia Joan Mason	92 years
12 th June Lilian Speller	96 years
16 th June Lilian Mayes	88 years
23 rd June Violet Elizabeth 'Betty' Allen	94 years
27 th June Brian Massingham	81 years

Advertising

Audrey meets.... Major Keith Williams, Salvation Army

When Keith and Rosemarie Williams married 42 years ago, they began a partnership not only as a married couple, but were committed to training together as Salvation Army officers. This meant they would also work together for the rest of their working life. Their rank of Major signifies that they have over fifteen years' service as officers. In fact they have thirty-nine years' service. Part of their obedience to the church is being prepared to move roughly every five to seven years. After training, the Williams started their working life in Yorkshire and have lived in Glasgow, Norwich, Stowmarket, Sunderland and Stockton. It is a joint appointment and they share the work between them. Their experience has been wide and varied. They have lived in racially mixed communities where their Muslim neighbours looked out for them when they were ministering to needy folk, often late at night and might be vulnerable. They have taken part in the work the Salvation Army does nationally to help combat human trafficking, sometimes caring for those, usually women and babies, who have been freed by the police and need immediate help, such as clothes, food and medical care. Born on the Isle of Wight, Keith's family left the island when he was twelve at the point at which his parents themselves trained to be officers and moved to take on full time work for the church. It was while they were posted to Basingstoke that he met Rosemarie. They have three sons and a young grand-daughter. As well as the church in Fakenham, they minister in Briston, have charity shops here and in Holt, and a furniture shop. What do you like best about the town?

- That it is a small town.

What is your favourite view in the area? - The way home!

Is there a motto you like to follow?-'Saved to Serve' which is our motto in the Salvation Army. If you could change something about yourself, what would it be? - My waistline!

Your pet hate? - The attitude some people have that they are more important than they are.

Who has been a great influence in your life? - My parents who directed me to faith.

What's the biggest decision you've made on the spur of the moment? - I never do anything on the spur of the moment. My time is all planned.

What is your greatest strength? - I don't show reactions to anything. I am very calm.

And your greatest weakness? - That I don't show reactions to anything. It means sometimes people think I don't care.

What's the greatest challenge you've had to overcome?- The challenge of not knowing what each day will bring as a Salvation Army officer. When we worked in Glasgow I was asked one evening to attend a plane that had come down. It was the Lockerbie disaster and I spent three days ministering to the needs of the emergency services who needed food and solace as they faced the terrible scenes of that event and themselves had to deal with bereaved families .. Your earliest memory? - My parents had a grocer's shop in the high street in Ryde and I remember sitting on a work top aged about six, playing with a little wooden train.

Favourite food? - Liver and bacon.How would your spouse describe you?Even-tempered. Always the same.Reliable.

What do you no longer worry about? - Nothing. I'm not a worrier.

Or angry? - People who get worked up about petty things.

Do you have advice that you'd like to pass on? - To be true to your faith. How would you like to be remembered? - As that fellow that used to have a 34 inch waistline!



Have you any regrets? - No. We try to live our life through prayer and obedience.

What is the secret of happiness? - For me it's about faith.

What's the one thing you are really good at? - I'm good at figures and good at listening.

What do you do in your spare time? -We don't have much but we spend it with the family. We see our granddaughter once a week, which is a privilege.

If you were Prime Minister for the day? - I'd like us to be a fair society. What is your favourite song? - The hymn, 'And can it be that I should gain an interest in the Savour's blood' If you were stuck on Fakenham church tower, who would you like to have with you? - At the moment, a roofing expert as there is a hole up there! If you had a whole day to yourself? - I'd spend it at home and send Rosemarie for a day out!

Your favourite holiday destination? -The Isle of Wight, which I call home. Is there a person you admire? - William Booth, the Salvation Army's founder. He was a visionary and did many great and lasting things, for example, he set up the first employment bureau.

What makes a good friend? - Being able to pick up where you left off even after a long time apart.

Your guilty pleasure? - A friend sends me a box of Turkish delight each year and I enjoy it!

If you want to find elephants in Fakenham, Susie can help



Susie Brackpool, owner of Fakenham's very successful travel agent, Independence Travel.



The preserved 15th Century Inca citadel Machu Picchu, one of the great sights of the world.

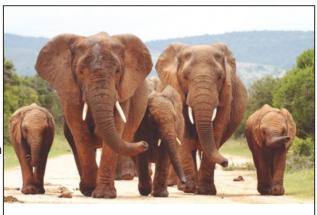
Susie Brackpool owns and runs Independence Travel in Norwich Street; it is Fakenham's premier independent travel agency.

The company has traded in Norwich Street since the early 90s and indeed Susie had worked for it since 1998. But in 2014 she decided to take the leap from employee to owner and bought the business. Today, she happily reports, business is better than ever and despite some of the worldwide problems the travel industry has faced, this Fakenham agency is doing very well indeed.

She says because the company is independent it can give an unbiased personal service to its customers and while it can provide packaged

holidays to compete with the market leaders, its speciality is tailormaking holidays to a precise brief. For instance she helped a customer achieve an ambition to see elephants in their own natural environment.

Holidays they have created for customers have



Independence Travel's clients have been thrilled to travel on safari in many parts of Africa to see their favourite big game.

varied in cost from about £100 to their most expensive ever which cost some £35,000 (yes, you read that right! £35,000!) which included as part of it, a Trans-Siberia railway journey. But Susie stresses that they treat all customers to the same very high level of personal service, regardless of their travel budget.

So while ambitious trips to, say, the preserved Inca citadel of Machu Picchu in Peru or to Ayer's Rock in Australia, surfing in Hawaii, or a road trip in the USA may be a significant part of the company's business, over 60% of the holidays they arrange and sell are via Norwich Airport to European destinations. The main destinations are Spain, Greece, France, Portugal and Italy. The recent tense situations in some international travel destinations has meant that people have looked to mainland Europe more for their holidays.

Independence Travel's customer base is made up of - in order of size of share - retired people, families, business travel, groups (such as clubs and societies and, of course, stag and hen parties!) Foreign travel makes up the bulk of the turnover although the significant minority is in UK travel with the West Country being particularly popular.

In other words Susie's business is your pleasure and it's something she and her team take very seriously. She says she can find something for everybody that may be just that little bit different, that little bit special to ensure you get a very different experience from a standard off-the-peg holiday.

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The 17th Christmas Tree Festival 2017

When applications closed on 1st June we had applications for 55 trees, the same number as last year. We are pleased to see that many 'old hands' again wish to take part and that we also have applications from several new charities. We also already have a booking from a coach company for lunches so it is 'all systems go' for CTF 2017.

From the Festival Team (Anne, Alison, Elaine, Lily, Roger & Sue)

Town Talk

As I've been away from Fakenham for the best part of three weeks, my offering this month will be different. Even now I'm watching the sun set into the sea on the Welsh coast so home thoughts are hardly uppermost. Anyway, here's a poem I read at a family gathering of my cousins last year. I called it Or is it just my imagining, Does the crafty mirror lie? Do we all morph into our parents As time slips slowly by?

Either way I'll take it calmly Despite the twinge of fear, I'm really growing more like Dad With every passing year.

Wayfarer

DAD

These days when I look in the mirror I can see my father there, Those laughter lines around the eyes, Those wisps of greying hair.

That wrinkled brow so familiar, And bushy eyebrows too, And when I put my glasses on, Dear Dad I could be you.



Fakenham & District Community Archive



There were once three pubs in Hempton and the one that stood on the corner of Dereham Road and the Green was called The Kings Head. It had its own brewing facilities but closed in 1966 and it is now a private house. This month's photograph shows the members of the KIngs Head darts club in the late 50's, early 60's setting off for a day out. The photograph was donated by Shirley Gascoigne.

HOWARD YOUNG



Delivery of "The BEACON" to your home.

Did you realise that it takes a small army of volunteers to get the Beacon to your home?

First there is the editorial team and those who contribute articles, photos and adverts.

Then comes delivery. This is how delivery works:

After the printers, Newprint and Design Ltd, have brought the boxed copies to Church, a small team meets to bundle 3755 Beacons into 70 rounds ready for collection by the band of volunteer deliverers. Bundles are usually ready for collection on the 4th Saturday of each month.

The spread of numbers in the rounds is guite interesting:

- 17 deliverers each deliver 0 25 copies
- 17 deliverers each deliver 26 50 copies
- 19 deliverers each deliver 51 75 copies
- 9 deliverers each deliver 76 - 100 copies
- 4 deliverers each deliver 4 deliverers each deliver
- 101 125 copies more than 125 copies

The smallest round is just 6 copies, the highest is 133 copies.

Naturally, from time to time, people have to give up. (Most of the deliverers are retired and several are in their 80s!) When this happens the procedure for finding a new deliverer is:

1. A note requesting help is put in copies for that round, repeated the next month if there's no response.

P] E C E S

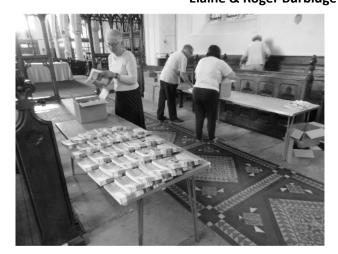
2. A message is put in the Beacon itself.

3. The third month a note is put in copies for the round apologising for this being the last delivered copy until we find a new deliverer.

4. If there's still no response, a plea is put in the Bulletin (the weekly church information sheet). Spare copies are usually available in church.

Many rounds are constantly changing as more housing developments appear.

We would like to thank those who help with bundling and all who deliver copies of The Beacon throughout the year. Elaine & Roger Burbidge





No Makers Markets in July or August.

Join us again in September.



Prayer Space

An extended meditation using an object or picture

This exercise seems quite complex, but once you've tried it there are many different contexts in which you can use it - not only using a picture. Try it and enjoy discovering more of God.

Choose:

an object or picture you can identify with. Look at it, as art, consider it, what strikes you

Think:

...

What does this say about me? What does this picture say about my God? What does this picture say about my relationship with God? What does this picture say about my relationship with a significant other person?

Write:

a Haiku (or more than one) arising out of your thinking

This is an ancient means of meditating ... for it focusses the mind around the subject we are considering - forcing us to think about essentials.

A Haiku (Classical form) has 17 syllables in three lines of:

5 syllables 7 syllables and 5 syllables with one punctuation mark. (Japanese)

Reflect:

Having written a Haiku what does it say to you?

about God, about yourself, about others, about your relationships.

Parish Prayers for July

Daily prayers are said for Fakenham, its people and organisations. During the weeks in July we will be specifically praying for:

25 th June - 1 st July	Ordinands
	Those who live or work in Seppings Road, Peckover Road, Toll Bar
2 nd - 8 th	Artists and craftspeople
	Those who live or work in Sandy Lane, Olivia Close, Goggs Mill Lane
9 th - 15 th	The police & all involved in law enforcement
	Those who live or work in Oak Street, Constitution Hill
16 th - 22 nd	Social life of the town
	Those who live or work in Hall Staithe, Vine Court, Quaker Lane, Quaker Court,
	Tunn Street, Swan Street
23 rd - 29 th	Farmers & Farmers' Markets
	Those who live or work in North Park
30 th - 5 th August	Sports clubs, people, gyms
	Those who live or work in Wensum Way, Thorn Road, Heather Barrow Court,
	Fayre Green



OUT & ABOUT WITH KAY

In this month's Beacon, the theme is holidays and getting away. If you're not going away and are twiddling your fingers, the following might be just for you. The Fakenham Ukulele Group was started 18 months ago by John Lee and began with about 8 members, all novices, and John guided the group with some tuition and encouragement. He eventually moved on to do other things and Graham Thomas took over the reins. Laurie Coburn, one of the original eight both men and women, said the group meets at the Gallow Sports Club on Tuesday mornings between 10am-12noon. The cost is £2 per session. The group has grown in size without further advertisement but if this interests you go to Gallow to watch or play. Absolute beginners welcome.

The group had its first gig at **Gallow Sports Centre last** Christmas. This was followed by a performance at the Beer Festival in the Community Centre. (I was singing and in the second row of ukuleles on stage. Afterwards three people said they were glad I played. I had to say I only sang but it may have spurred others on to take it up!) Four members also took part in the Museum at Nightwhere the photo was taken. The biggest gig is yet to come as part of Active Fakenham on 29th July. There will be a town centre event and after the Harley Davidson's

bikes have paraded, the Ukes will play such favourites as Bye Bye Love; Stand by Me; Singing the Blues and that old favourite Hev you got a loight boy and others.

So how about getting started? There's no need to read music but once you've mastered about 5/6 chords, which aren't too tricky, you can play along to several songs. The page of music you follow will say what chord to play with the accompanying words. It has been shown that playing with others positively enhances your performance. So it's been an exciting development that members of the group have begun to play with the Acoustic Sessions at The Limes.

This happens every Wednesday evening from about 8.15pm. There are some very good guitarists, like Ken Connor and Bob Bones, both of whom play in the Ukes group, John and Wendy, singers and guitarists and other musicians including Laurie on Ukulele. If you'd like to go and listen or play along, why not have a go? You'd be made most welcome.

Kay Hathway



What's On

St Peter and St Paul **Fakenham Parish Church**



Stepping Stones

Monday 3rd, 10th, 17th, 23rd, 31st July Come and join us every Monday at 9.45am. For friendship, music, stories, toys and games. For preschool children and babies with their parents and carers. Stepping Stones meets in the Trinity Room inside Fakenham Parish Church every Monday (except Bank Holidays). There is no charge. Refreshments are Provided free. No booking required. For regular updates and news, please visit and like us on facebook fakenhamsteppingstones Contact Elaine 01328 851848



No time for Monday Breakfast

Throughout July Stepping Stones continue to offer 'Tea and Toast' for anyone who wants to bring babies or toddlers to our time of stories. songs, praise and play but has to rush to do the school run first. Tea (or coffee) and Toast served from 8:45am till 9:30am. Stepping Stones begins 9:45am.



Trinity Art Group

Tuesday 11th, 25th July 10.00am - 12 noon We meet every other Tuesday in the Trinity Room of the Parish Church where our numbers have steadily increased. New artists are always warmly welcomed. Contact Trish on 01328 862173.

Market Day Refreshments and Stalls Every Thursday 10.00am - 12.45pm

Drop in for coffee/tea and cake or soup and a roll and browse the stalls.

Support in Loss Group

Wednesday 5th July 10.00am - 12.00pm, Trinity Room If you have been recently bereaved or you experienced a bereavement many years ago, you are welcome to come and share with us a morning of support in a safe and friendly place. Contact Judith 01328 864061

Church Women's Guild

Are on a break for July and August.

Mothers' Union

The 2017 Mothers' Union Mini Outing is to Sculthorpe Church where we will say our regular Mothers' Union prayers, then learn about the work of the Morris and Co stained Glass workshop, with reference to the two Windows in Sculthorpe. Afternoon Tea at Sculthorpe Mill will round off the outing. See Felicity or Ann for details.



Fakenham & District Community Archive

Tuesday 25th July 2.00pm - 4.00pm, Trinity Room During our monthly sessions our friendly team of volunteers are always at hand to scan pictures and gather information, so if you'd like to share your memories or pictures with us we'd be very pleased to see you. Fakenhamcommunityarchive.weebly. com/

Contact 01328 863377

Choir Practice

Every Wednesday 5.00 - 6.00pm and Sunday 9.00 - 10.00am The choir are on holiday until September from 30th July.

Bellringing Practice

Suspended during work on the tower.

Fakenham

Rosemary Rooms

Every Monday 10.30am - 12.30pm For people with dementia or memory problems, their family and friends. Hempton Church Hall. Caring for someone with dementia? Join us for a morning of laughter, fun and conversation over tea, coffee and cake. Disabled access. Contact Judith 01328 864061 or Pam 01328 829735

Fakenham Local History Society

No meetings during July and August. We meet again on September 11th.

Fete

Saturday 22nd July at Lancaster Avenue Hall from 12 noon till 2.30pm Burgers, Hot Dogs, Cake Stall, Tombola, Raffle, £1 Bags, Guess the number of Sweets in the Jar, Name the Teddy.

What's On

Roundabout

The 2016 George Edwards Memorial Event at Gressenhall Farm & Workhouse Museum

Saturday 8th July

" No roses around the door" a look at Rural Housing over the past 100 years 2.00pm to 4.00pm. Meeting in the old Workhouse Chapel Mrs. Susan Wild will speak about her grandfather, Alderman Sam Peel, social reformer and friend of George Edwards who battled against poor housing conditions in early 20th Century Wells-next -the Sea. Canon Graham Hedger, a long term champion of rural housing: former chair of Hastoe Housing Association and of the Housing Sub Group of the East of England Rural Forum will consider Rural Housing - Then & Now. The meeting will be chaired by Rev. Julian Pursehouse, Chair of the Methodist East Anglia District. Entrance fee (after 12.00 noon) £2.50.

This meeting has been arranged by the Methodist Church and the local branch of the UNITE trade union in collaboration with the Gressenhall Museum.

A Host of Angels

Children's Art Project Exhibition Saturday 22nd - Sunday 30th July Created by Holt Primary School Children, led by Liz McGowan, Environmental Artist St Andrew's Church, Holt This summer the environmental artist Liz McGowan, is working with Holt Primary school children, to create an exhibition on the theme of "A Host of Angels".

In June, Liz will be undertaking workshops with each of the year groups, using locally found natural materials. All the completed angels will be installed throughout the church, flying from pillars and suspended in the air to create the children's vision of a heavenly host of "Norfolk" angels.

Falcon Concert

St Andrew's Church, Holt Saturday 8 July, 6.30pm ANNA HASHIMOTO (Clarinet), EMILY ROSS (Oboe), NINA ASTON (Bassoon). Performing music by Jacques Ibert, Ludwig van Beethoven , Richard Rodney Bennett, Jean Francaix, Alexandre Tansman, Erwin Schulhoff. Tickets are free. A collection for donations will fund future projects. Drinks available before the concert and during the interval.

Heritage House, Wells-next-the-Sea are having a stall at Norfolk Freemasons Fun Day at Wymondham Rugby Club (sat nav NR18 0EN)on Saturday 2nd July from 11.00am to 5.00pm

Fakenham Parish Church



MESSY CHURCH FAITH, FUN AND FOOD Sunday 2nd July in the Parish Church. 2.30pm until 4.30pm.





Bat Nights

A series of Bat Nights, led by Philip Parker from the Norfolk Bats in Churches Project, will be held in July and August.

All nights have a similar format and will include an introductory talk on bats, how they use the church and churchyard, and some of the challenges that churches face when living with bats. There will be childrens craft activities (with prizes) plus the opportunity to watch the bats emerge from the church using state of the art infra-red cameras. There may even be some captive bats to see at close quarters.

Dates and times: Field Dalling 14 July 7.30pm 15 July 7.30pm Guestwick Brisley 21 July 7.30pm 26 July 7.30pm Cley Wighton 27 July 7.30pm Thornham 29 July 7.30pm 4 Aug. 7.30pm Witton Banham 5 Aug. 7pm Watlington 11 Aug. 7pm Swanton Morley 12 Aug. 7pm Colby 18 Aug. 7pm

Cost of most dates is £5 adults, children free.

Refreshments available. If you have any queries **please call Philip Parker on 01553 630842.**



Catch up with Christ Church Fulmodeston

We are still recovering from the wonderful concert given by the Purcell School young musicians but we are now full steam ahead with a view to bringing our community together at Coffee At The Crossroads on August 5th. There is still room if you would like to be a part of this now annual event. Please let Stephen know on 878364 if you would like a table for a stall to help a charity or sell your own crafts. Pitches are free. There is a retiring collection for the church. It should be great fun, greeting old friends and meeting news ones.

Why not come and enjoy a service of Evening Prayer on a long summer's evening in July. A perfect way to end the weekend and prepare yourself for the week ahead. You would be most welcome.

Andrew Lee - Churchwarden 878870



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Services at Fakenham Parish Church

Every Sunday 8.00am Holy Communion (BCP) 10.30am Parish Communion (CW)

Every Thursday 9.30am Holy Communion

Every Monday Parish Prayers 8.00am all welcome

Stepping Stones 9.45am Come and join us every Monday (except bank holiday) for friendship, music, stories, toys and games. Join us from 8:45am till 9:30am for Tea (or coffee) and Toast.

July 2nd Messy Church 2.30pm - 4.30pm

July 9th 6.30pm Healing Service

July 23rd Choral Evensong 6.30pm

July 30th Special Morning Worship 10.30am With Guest Speaker, Robert Culyer

July Services at Christ Church, Fulmodeston

2 nd	6.30pm	Evening Prayer
9 th	11.00am	Holy Communion
16 th	No service	
23 rd	6.30pm	Evening Prayer
30 th	11.00am	Matins
Advance Notice August		
⊑th	10 30am -1 00 nm	Coffee at the Cross

6 6.30pm

Coffee at the Crossroads Evening Prayer **Chris Brown** has been organist at the church since December 2009, as well as teaching music at Fakenham Academy since September 2007. He is leaving to be the Head of Music at the Chipping Norton School in West Oxfordshire from September.

His last services are on 23rd July, with the 10:30am Parish Communion and 6:30pm Sung Evensong.

See advert on page 18 if you're interested in the vacancy.



Book and Jigsaw Fair

Saturday 22nd July 9.00am - 12noon In Fakenham Parish Church



Books

1. New books for adults and children.

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New and secondhand. Most checked before sale. Admission FREE. Refreshments. All proceeds to church funds.

Arthur James Jewellery 07900185414

 Fakenham Market - Thursday (near Auction Hall)
 Sheringham Market - Wednesday and Saturday
 Very large selection of fine quality new and pre-loved jewellery on display or visit our online ebay shop
 Arthur James jewellery online.
 Bring along your unwanted jewellery items. Any condition considered. Purchased for cash at competitive rates.
 Home visits arranged.



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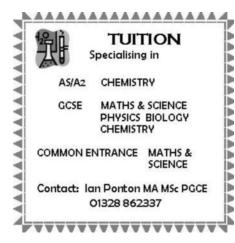
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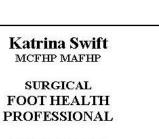




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